

ENROUTE™

Complete Surgical Nutrition Program

Optimize your body for surgery using this nutrition program recommended by your surgeon.



MIDWEST ORTHOPAEDICS AT RUSH



MAINTAINS MUSCLE MASS



SUPPORTS BONE HEALTH



ENHANCES IMMUNE FUNCTION



PROMOTES WOUND HEALING

ENROUTE™ BUILD

Build your body with essential nutrients to help you get ready for surgery and recover faster after surgery.



ENROUTE™ PREPARE

Prepare your body for the metabolic stress of surgery and improve post-surgical outcomes.



ENROUTE™
BUILD

14 DAYS

2x Daily for 14 Days Before Surgery

ENROUTE™
PREPARE

2x the Evening Before Surgery

ENROUTE™
BUILD

14 DAYS

2x Daily for 14 Days After Surgery

Note: If your surgery is less than 14 days away, you can still benefit by starting as soon as possible.

Learn more at www.getenroute.com or call 1-800-619-0783

Delivered To Your Door



Order online

1. Visit www.getenroute.com or scan the QR code with your phone camera.
2. Select your surgeon.
3. Select your protein source and flavor.
4. Get ENROUTE™ delivered to your doorstep.



Order via phone

Please have your surgeon's name handy when ordering via phone.

1-800-619-0783

Purchase In-Store

Available at these locations

Chicago

1611 West Harrison Street,
Suite 103, Chicago, IL 60612
312-432-2482

Joliet

963 129th Infantry Drive,
Joliet, IL 60435
877-632-6637

Munster

9200 Calumet Avenue, Suite
S300, Munster, IN 46321
708-492-5450

Naperville

55 Shuman Boulevard, Suite
700, Naperville, IL 60563
630-339-2262

Oak Brook

2011 York Road, Suite 1500,
Oak Brook, IL 60523
708-492-5664

Oak Park

610 S. Maple Avenue, Suite
1550, Oak Park, IL 60304
312-432-2550

Westchester

2450 S. Wolf Road, Suite G,
Westchester, IL 60154
708-273-8426



**MIDWEST
ORTHOPAEDICS
AT RUSH**

WHAT'S INSIDE?

56 servings

2 servings



BUILD

Multi-Nutrient
Formula

PREPARE

Complex Carbohydrate
Formula

SHAKER BOTTLE

Patented Blending
Technology

EXPERT NUTRITION SUPPORT

Nutrition Matters

Nutrition is an important part of surgery that you can control. **Take part in your care with ENROUTE™.**

Option to pay in interest-free installments available exclusively online.

HSA/FSA
Eligible

\$295
for entire 4-week
nutrition program
(that's \$10 per day)